

## Contents

- 1 LED torch
- 1 1L plastic bottle
- 1 set of multi-coloured 'bottle lights' inside the bottle.
- 2 pairs of cardboard diffraction glasses
- 4 finger lights
- 1 silver blanket
- 1 iridescent cellophane (to scrunch and attach to the end of the torch)
- 7 different colours of A4 cellophane
- Several elastic bands

### Some Ideas for playing with light:

When you look through the cardboard diffraction glasses, you will see a world of sparkly little rainbows everywhere

Trying looking around the room or out of a window with the glasses on and without.





Press the button on the bottle top make the coloured lights come on.

The bottle can be wrapped in the iridescent cellophane - scrunch it up to create a 'crystal' effect

use the coloured cellophanes to create interesting colour mixing effects

(They could be held in place with an elastic band)

The bottle of lights will come to life through the glasses.

Open up the silver blanket and play around with shining the torch or finger lights onto it.  
You could place the blanket on your lap, a table to tape it to a wall.

You could use coloured cellophane and an elastic band to change the colour of your torch.

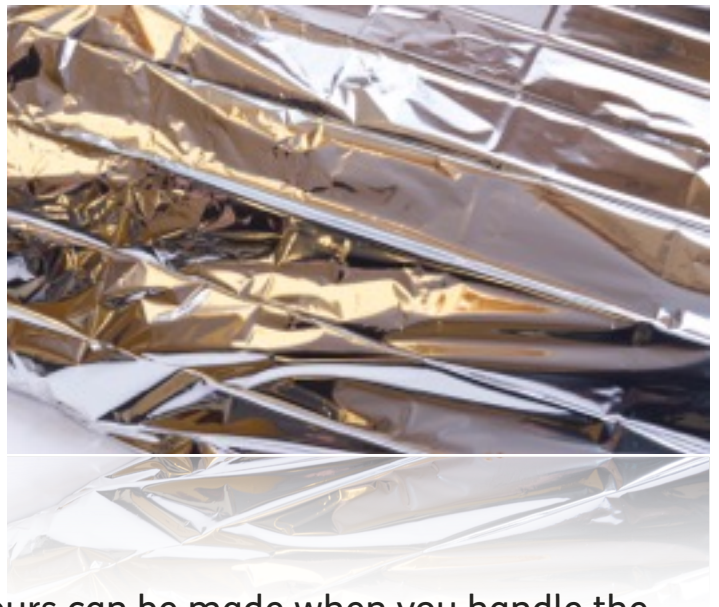
Go under the silver blanket and use the light bottle to create a mini disco.

With the finger light on, see what colours can be made when you handle the cellophanes.

In the dark move your hands to create a light show.

Use the lights to create large and small shadows.

Play around with the shadow of everyday objects.



#### Safety Advice

The finger lights have small batteries and small parts

Keep well out of reach when unsupervised.

### **More ideas using apps on your phone or tablet**

You could use a long exposure Light Drawing app on a mobile phone or tablet to capture a photograph of the light trails.

(Also light drawing apps like Glow Kid Drawing, Spark Art)

Follow the link for a “Light film” made by Ben and Jude to give you some ideas

**http://  
www.tickylowe.com/  
makingsensehome/**

This pack has been put together by Ticky Lowe director of Making Sense CIC  
Making Sense is an artist led community interest company specialising in sensory and creative activities and resources.

To find out more about our work visit [www.makingsensecic.org.uk](http://www.makingsensecic.org.uk)  
or contact [tickylowe@makingsensecic.org.uk](mailto:tickylowe@makingsensecic.org.uk)

### **We would love to hear what you thought of this pack including any ideas for improvements!!**

We would love to see photos or films of your activity in progress !

Please don't forget to tag **@MakingSenseCIC** if you are posting on Facebook ! Please fill in the feedback form and return it when you receive your next sensory parcel



