

Sensory Object Box

Contents

Wooden Brush, Lemon reamer, Elastic bands, Sponge, Hair donut
Hair roller, Stone, Fabric, Wool, Paint roller, Grass
Tissue paper, Packing materials

Sensory Object box was inspired by an exhibition at MOSTYN gallery in Llandudno Kiki Kogelnik's "Riot of Objects" Film

Kiki Kogelnik video English:

<https://www.youtube.com/watch?v=o4AA1iUewaQ&t=3s>

Kiki Kogelnik video English with Welsh subtitles:

<https://www.youtube.com/watch?v=oUsd6bCCt9g&t=8s>

Resource pack

Kiki Kogelnik resource pack English: <https://www.mostyn.org/sites/www.mostyn.org/files/MOSTYN%20Resource%20Pack%20Kiki%20Kogelnik.pdf>

Kiki Kogelnik resource pack Welsh: <https://www.mostyn.org/sites/www.mostyn.org/files/Pecyn%20Adnoddau%20MOSTYN%20Kiki%20Kogelnik.pdf>

Sian Hutchinson has made an animation of the objects in the pack
<http://www.tickyloewe.com/texture-riot-of-objects/>

We would love to hear what you thought of this pack including any ideas for improvements

This pack has been put together by Ticky Lowe director of Making Sense CIC
Making Sense is an artist led community interest company specialising in sensory and creative activities and resources.

To find out more about our work visit www.makingsensecic.org.uk
or contact tickyloewe@makingsensecic.org.uk

We would love to see photos or films of your activity in progress !
Please don't forget to tag @MakingSenseCIC if you are posting on Facebook !
Please fill in the feedback form and return it when you receive your next sensory parcel



Relax, take a deep breath and slow things down.

Offer the box for an object to be chosen.

Hold it in the hand...

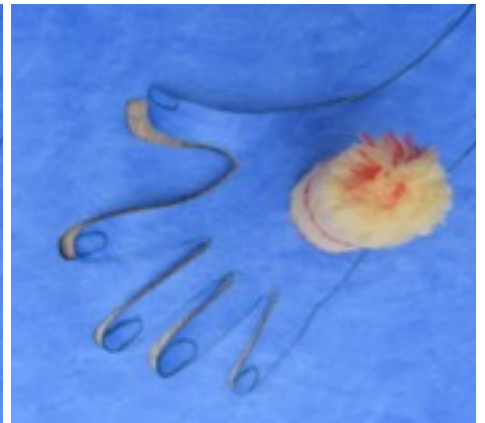
Before unwrapping it **Notice** how heavy it is.



Unwrap Slowly and Notice...

- ... What it Sounds like
- ... How it has been wrapped
- ... What it Looks like
- ... What it smells like

Touch...



What does it **feel** like on the skin?

Between fingers, in the hand, on the arms.

Squeeze, roll around, up and down, tap, dab, drag, swirl, tie, twist, etc.

Notice if it feels different depending on how you use it.

Does it feel like you expected?

What does the feel remind you of?



Combine objects together to make more tactile objects or handles for objects.

Combine objects from around the house or from outside.

Outside touch natural forms and notice what it feels like. Does it look and smell like it feels or different?

Touch without looking: put it in a bag or close your eyes.



The Stone:

Notice its weight... texture... shape... colour.

Change its temperature by placing it in warm water then give it a quick dry.

Discover the last texture at the base of the box and enjoy messing it up!

Wrap up the individual objects again and put the box to bed.

If you want to be creative:

Dip into paint or ink and transfer onto paper to explore the marks that can be made. Press into clay or play dough.