

# makingsense@home

# NEW DANCE

This pack has been put together by Ticky Lowe director of Making Sense CIC  
Making Sense is an artist led community interest company specialising in sensory and creative activities and resources.

To find out more about our work visit [www.makingsensecic.org.uk](http://www.makingsensecic.org.uk)  
or contact [tickyloew@makingsensecic.org.uk](mailto:tickyloew@makingsensecic.org.uk)

## **Making Sense CIC has collaborated with NEW Dance to bring you this pack!**

NEW Dance is the community dance development organisation for Flintshire, Denbighshire and Wrexham and is a charity that is revenue funded by the Arts Council of Wales. We provide community projects within many social settings including schools, Health and Social Care and the Criminal Justice System.

**We would love to hear what you thought of this pack including any ideas for improvements!!**

We would love to see photos or films of your activity in progress !

Please don't forget to tag **@Makingsensecic** if you are posting on Facebook !Please fill in the feedback form and return it when you receive your next sensory parcel



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## Welcome to your Sensory Dance Box

The theme of the box is *Autumn*.

Explore the sounds, smells, textures and visual images of Autumn through movement and music.

Contents:

- Chiffon scarf
- Ribbon wand
- Balloon
- Items from nature
- Copy of the poem
- Dance Guide
- Link to video with poem & dance ideas

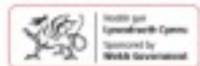
How to use this box:

<http://www.tickyloewe.com/makingsensehome/>

1. Use the link to listen to the poem. There is also a copy of the poem in the box.
2. Watch the video to give you ideas on how to create movement using the dance props.
3. Click on the link to play the music.
4. Explore your own movements using the poem, the music and the props to inspire you.
5. Use the DANCE GUIDE to help you get creative with the props!



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NEW  
DANCE

