

# makingsense@home



Croeso i'ch Parsel Synhwyraidd  
Rydym ni wedi creu adnoddau ar  
gyfer paentio dyfrllyd i  
gerddoriaeth.  
Dyluniwyd ein syniadau  
synhwyraidd i greu cyfleoedd ar  
gyfer cyfathrebu synhwyraidd, bod  
yn greadigol a chwareus ac i chi  
a'r unigolyn rydych chi'n gofalu  
amdano/amdani gael llawer o  
hwyl!

Welcome to our Sensory Parcel

We have put together some resources for watery music painting

Our sensory ideas are designed to bring you and the person you care for opportunities for sensory communication, playfulness, creativity and hopefully a lot of fun!



## Watery music painting

### Contents

Plastic table cover, Paper, Powder paints, Chalk pastels, Paint Brush, Feather, Water spray bottle

Link to soundboard with music to paint to <http://www.tickyloewe.com/makingsensehome/>

This activity is about enjoying music and sound and responding to it in the colours you choose and the marks you make.

Fast music will make you paint differently to slow music - like dancing with your hands on paper.

This activity is great for 2 or more people sharing one piece of paper.

The water spray, music, colours, brush and feather are sensory and interactive even if you don't make marks on the paper!

It is all about enjoying the process and the sensory experience, making marks and using colour!



## Soundboard link

<http://www.tickyloze.com/makingsensehome/>

Follow the link to our soundboard which has been designed especially for this activity by musician and sound artist Ant Dickinson.

If possible try to change your environment for this activity limiting other sounds like the TV or Radio.

You can choose music to paint to from the board by pressing the buttons on a smart phone, tablet, laptop or PC.

You can change the music whenever you like to change the way you paint!



## Watery music painting

The pack includes a plastic table cover as this activity will get messy!

Make sure you are wearing old clothes or aprons

With your chosen soundboard music playing in the background

Use the water spray to soak the paper first and then use the powder paints to create a watery background - you can use them as powder or mix with water first then drip onto the wet background.

Use your brush, feather or hands to move the paint around however you like!

Use the chalk pastels to add more colours - you can have one in each hand!

Choose colours that you like and move your hands or brush on the paper as if you were dancing!

Whilst you are painting and once you have finished use a mobile phone to take close up photos of parts of the painting.

Feel free to improvise using your own paints and other materials to add to the painting.

Follow this link to see some music painting in action <http://www.tickyloewe.com/makingsensehome/>



We would love to hear what you thought of this pack including any ideas for improvements  
This pack has been put together by Ticky Lowe director of Making Sense CIC  
Making Sense is an artist led community interest company specialising in sensory and creative activities and resources.  
To find out more about our work visit [www.makingsensecic.org.uk](http://www.makingsensecic.org.uk)  
or contact [tickyloewe@makingsensecic.org.uk](mailto:tickyloewe@makingsensecic.org.uk)

We would love to see photos or films of your painting activity in progress !  
Please don't forget to tag Makingsensecic if you are posting on Facebook !Please fill in the feedback form and return it when you receive your next sensory parcel

### **Safety Guidance**

Use the plastic tablecloth provided to protect your table  
Wear old clothes or an apron during the session  
Be aware of slippery surfaces if the water drips onto the floor!  
The chalk pastels and powder paints are washable but not edible !

