makingsense@home

Croeso i'ch Parsel Synhwyraidd Rydym ni wedi creu adnoddau ar gyfer Gwehyddu Synhwyraidd Dyluniwyd ein syniadau synhwyraidd i greu cyfleoedd ar gyfer cyfathrebu synhwyraidd, bod yn greadigol a chwareus ac i chi a'r unigolyn rydych chi'n gofalu amdano/ amdani gael llawer o hwyl!

Dolen i film gwehyddu synhwyraidd gyda Honor Pedican http://www.tickylowe.com/makingsensehome/

Welcome to our Sensory Parcel

We have put together some resources for

Sensory Weaving

Our sensory ideas are designed to bring you and the person

you care for opportunities for sensory communication, playfulness, creativity and hopefully a lot of fun!

Follow the link for a film of sensory weaving with artist Honor Pedican

http://www.tickylowe.com/makingsensehome/







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A cardboard weaving loom ready to weave A shuttle Spare string for more weaving A selection of sensory materials to explore and weave Some simple instructions



If you want to know more about weaving here are some online resources from Ruthin Craft Centre http://ruthincraftcentre.org.uk/assets/RCC_Michael_Brennand_Wood_Learning_Pack.pdf http://ruthincraftcentre.org.uk/assets/WIC_Process_Resource_Pack_ENGLISH.pdf

We would love to hear what you thought of this pack including any ideas for improvements This pack has been put together by Ticky Lowe director of Making Sense CIC Making Sense is an artist led community interest company specialising in sensory and creative activities and resources.

To find out more about our work visit <u>www.makingsensecic.org.uk</u> or contact <u>tickylowe@makingsensecic.org.uk</u>

We would love to see photos or films of your painting activity in progress ! Please don't forget to tag Makingsensecic if you are posting on Facebook ! Please fill in the feedback form and return it when you receive your next sensory parcel



Sensory Weaving with Honor Pedican

This activity is about exploring and enjoying materials and creating a small weaving that you can keep and enjoy.

The weaving materials have been selected for their feel and contrasting textures and colours.

Some might make a scrunching sound or smell different to the others.

Whilst you are weaving together involve your partner by exploring the textures with your hands and let them choose which pieces to use next.

Feel free to improvise using other materials like leaves, feathers or grasses, sweet wrappers or strips of plastic bags,

You can use the spare materials to make a loom out of anything - outside on a fence, or a branch or bench, inside on the back of a chair?

You could also choose to wrap the materials around a stick or decorate a piece of furniture or wheel chair!



Instructions Basics of weaving

Choose a piece of wool or fabric from the materials supplied with the pack

Wind the end around the shuttle

Put the cardboard loom in front of you and the person you care for on a table or on your laps

Pass the shuttle over then in then under the strings until you reach the other side

pull the fabric or wool all the way through

Then go back through always the opposite way to the last move.

Continue until you use all of the fabric or wool

Use your fingers to push the woven material down to the bottom of the loom

Choose another piece and repeat the process until the loom is full

Cut and tie the ends of the string together in pairs at both ends

And you will have a sensory woven mat or artwork to enjoy and share!



